

# Patient Information Sheet

## Product Information: ALTEMIA Medical Food

Docosahexaenoic acid triglyceride, 5.0ml emulsion packet for oral administration.

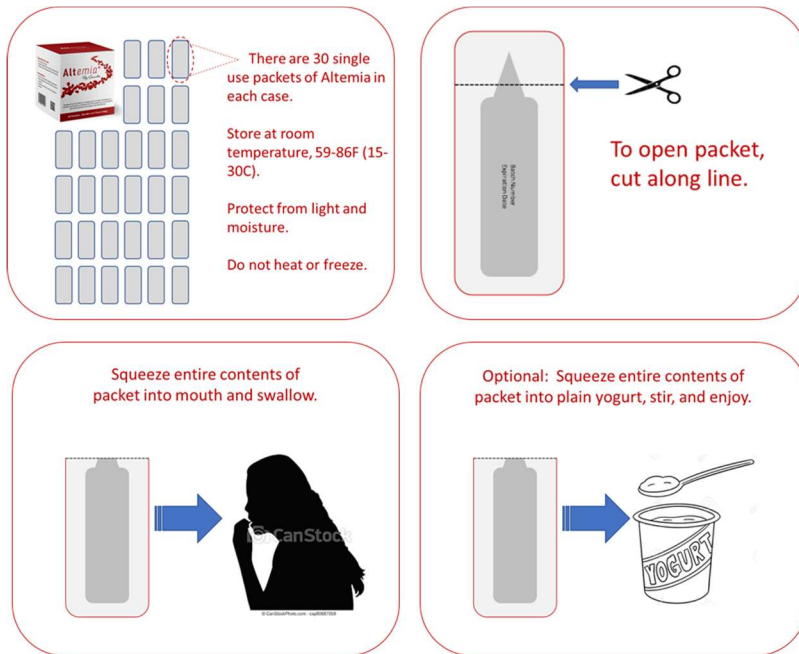
**ALTEMIA** is an individual use packet containing a thick, orange-colored emulsion, which has the consistency of yogurt and is insoluble in water. Each packet of Altemia® contains 2.4g of docosahexaenoic acid triglyceride.

## Recommended Use

A specially formulated medical food product intended for the dietary management of sickle cell disease. **ALTEMIA, like all medical foods, must be administered to patients under physician or health care professional supervision.**

## Directions For Use

ALTEMIA is intended to be taken once daily.



## Other Ingredients

Fatty Acid Triglycerides (including omega-3, n-6, and n-9 oils), Pasteurized Egg Yolk (choline), Water, Orange Oil, non-GMO Canola Oil, Ascorbic Acid, Sucralose, Citric Acid, Sodium Ascorbate, Menthol, Xanthan Gum, Potassium Sorbate, Sodium Benzoate, Beta-carotene.

Altemia® does not contain fructose, glucose, sucrose, lactose, gluten, tree nuts, or peanuts. People with known allergies to fish or eggs should consult with a physician or healthcare professional before using Altemia®.

# Altemia®

(emulsified-docosahexaenoic acid triglyceride, eDHA<sub>tg</sub>)

## Physician or Health Care Professional Supervision

Altemia® is a medical food product and must be used under physician or health care professional supervision.

## PRODUCT ADMINISTRATION

For the dietary management of sickle cell disease, consume one 5ml packet daily, or as directed by a physician or health care professional. Altemia® may be taken with or without other foods. If patients forget to take the daily dose, they should take it as soon as they remember and then resume the normal schedule as directed by their physician or health care professional. Do not exceed one packet per day unless directed by your physician.

## General Precautions

When taken by mouth, Altemia® is a safe DHA replacement for most people. Do not consume Altemia® if you are allergic to any of the ingredients. Most side effects of high docosahexaenoic acid triglyceride concentrations are mild and involve stomach and intestine issues. People shouldn't take Altemia® with other omega-3 fatty acid dietary supplements. People under 70lbs should consult a health care provider to determine if a modified intake schedule is advisable.

## Allergies

Altemia® contains **fish and egg**. **Do not consume if allergic to fish or egg.**

## Pregnancy and Breast-feeding

Pregnant or lactating women should consult with a physician or healthcare professional before using this or any other medical food product.

## Children

Docosahexaenoic acid (as the ethyl ester and triglyceride) has been used in pediatric populations without any serious adverse events and is likely safe when used appropriately by patients under medical supervision. **Children weighing under 70lbs should consult a health care provider to determine if a modified intake schedule is advisable.** Docosahexaenoic acid triglyceride is should not be used in preterm infants.

## Storage

Store in a cool, dry place away from light, moisture, and direct heat sources at room temperature. Discard packet and any remaining contents if you do not use entire packet as instructed by your physician.